

|                |  |                          |            |
|----------------|--|--------------------------|------------|
| Code-Course    | <b>05318 - Traditional Cooking: from Local to Global</b> |                          |            |
| Thematic Area  | Food productions and enogastronomic productions          | Year                     | Third      |
| Course Type    | Mandatory  | Credits                  | 6 cr. ECTS |
| In-class Hours | 90 hours   | Hours of Individual Work | 60 hours   |

**BRIEF COURSE DESCRIPTION**

This course is focused on the study of Catalan and Spanish cooking traditions; their technical basics and productions.

On the basis of local gastronomy culture, students will learn the relations with other regions of the world by analysing the influences among different cultures, the communication channels and the factors that can affect changes in the demand of products.

**SPECIFIC SKILLS**

SS2 – Identify and make the currently most important culinary productions and dishes in the world.

**LEARNING OBJECTIVES**

1. Cooking and cultural diversity.
2. Catalan cuisine.
3. Spanish cuisine.
4. Fusion in cutting-edge cuisines.

**LEARNING METHODOLOGY**

This is a theoretical and practical course that aims to acquire the skills stated above and to provide students with a general overview of the sector.

The methodology used combines lectures where students will be provided with the necessary tools to do their tasks with practical activities where students will learn the foundations of traditional recipes.

Entitats promotoras:

**ASSESSMENT SYSTEM**

The assessment system assesses the student's achievement of learning outcomes regarding the subject's own competences.

Students may choose between continuous assessments throughout the year or a final examination at the end of the course.

**Continuous assessment:** the teaching-learning process is assessed by a continuous monitoring of the work done by the students throughout the course. Students must attend to a minimum of 80% of the classes in order to be assessed by continuous assessment.

**Final examination:** it assesses the students' learning outcomes by means of a final exam at the end of the course. Students who cannot come to class regularly due to justified reasons will be assessed at the end of the course.

| Assessment systems   | Continuous | Final |
|----------------------|------------|-------|
| Students assignments | 10%        | 10%   |
| Practical exercises  | 30%        | -     |
| Final practical exam | 20%        | 50%   |
| Final written exam   | 40%        | 60%   |

**Course unit reassessment**

Students who didn't achieve the learning objectives can resit assessment to demonstrate the acquisition of skills and knowledge associated with the course.

**BIBLIOGRAPHY**

Institut Català de la Cuina (2011) *Corpus del Patrimoni Culinari Català*, Barcelona, Ed. La Magrana

Flandrin J-L y Montanari, M. (2004) *Historia de la Alimentación* (capítulos XLV,XLVII y Conclusión), Gijón, Ed. Trea

Arenós, P. (2011) *La Cocina de los Valientes*, Barcelona, Ediciones B

Luján, N. y Peruchó, J. (2003) *El Libro de la Cocina Española: Gastronomía e Historia*, Barcelona, Ed. Tusquets

Entitats promotoras:

## SYLLABUS

Freechman, P. (2009) *Gastronomía. Historia del Paladar.* Valencia, Ed. Publicacions de la Universitat de Valencia.

Canabal, M (2015) *Cocinando un Tributo. Gira por México, Colombia y Perú.* Girona, Ed Roca Llibres

Blasi, J.M. (2005) *La Cuina d'Ignasi Domènec.* Barcelona, Ed. Angle

Hamilton, R. y Todolí, V. (Ed) (2009) *Comida Para Pensar. Pensar Sobre el Comer.* Barcelona-Nueva York, Ed. Actar.

Lladonosa, J (2005) *El Gran Llibre de la Cuina Catalana.* Barcelona, Ed. Salsa Books

Castell, J. (1999) *Per què mengem el que mengem.* Barcelona, Ed. Edi-Liber.

Calera, A.M. (1982) *La Cocina Regional Española.* Barcelona, Ed. Mundo Actual de Ediciones.

García Santos, R. (1986) *La Cocina Vasca.* San Sebastián, Ed Haranburu.

VV.AA. (1982) *Cocina Vasca.* San Sebastián, Ed Sendoa.

Martínez Llopis, M. e Irizar L. (1990) *Las Cocinas de España.* Madrid, Alianza Editorial.

Chamorro Fernández, M.I. (2008) *Tradiciones, Alimentos y Recetas de la Cocina Extremeña.* Gijón, Ed. Trea

Álvaro Cunqueiro, (1983) *A Cociña Galega.* Editorial Galaxia.

Negri, N. (2008) *Un toque étnico: la cocina fusión.* León, Ed. Everest (CR)

N. Edward, N.Matsuhisa (2006) *Nobu West.* RBA Libros. Madrid.

Josefina Barrón, Mitsuharo Tsumura (2013). *Nikkei es Perú.* Telefónica Perú

Abad Alegría, F, *Líneas maestras de la gastronomía y la culinaria española (siglo XX),* Ed. Trea, 2009

CORCUERA, M, *25 años de la Nueva Cocina vasca ,* Ed. Aizkorri, 2003

ARENÓS, P, *Els genis del foc. Qui són, com creen i què cuinen deu xefs catalans d'avantguarda,* Ed. Empúries, 1999

Contreras, J. (Ed.) (2005) *Sabores del Mediterráneo.* Barcelona. Institut Europeu de la Mediterrània. (CR)

Elizegi, A. (2007) *Recetas del mundo un viaje gastronómico.* León, Ed. Everest. (CR)

Etcheverria, O. y Fumey, G. (2008) *Atlas mundial de cocina y gastronomía: una geografía gastronómica.* Adrid, Ed. Akal.

Entitats promotoras:



Amb la col·laboració:



Estudis d'Hoteleria i Turisme CETT S.A.  
Av. Can Marçet 36-38  
08035 Barcelona  
Telf. +34 934 280 777  
CIF - A08311342

## SYLLABUS

Medina, F.X. (1996) *La Alimentación mediterránea: historia, cultura, nutrición.* Barcelona, Icaria Editorial.

Álvarez, Marcelo y Medina, F.Xavier (2008) *Identidades en el plato.* Barcelona. Icaria Editorial.

Cañizal, Mario (2007) *Manual de Food Service.* Artyplan.

Petrini, Carlo (2007) *Bueno, limpio y justo.* Madrid. Editorial Polifemo.

Entitats promotores:



Amb la col·laboració:



Estudis d'Hoteleria i Turisme CETT S.A.  
Av. Can Marçet 36-38  
08035 Barcelona  
Telf. +34 934 280 777  
CIF - A08311342